



4th Annual Food is Medicine National Summit Travel Logistics

October 28-29, 2026

Boston, MA

Contact Information

If you encounter any issues upon arrival, please contact:

- Shannon Timlin – Executive Administrative Assistant – Shannon.timlin@tufts.edu
- Danisha Charles – Project Manager – Danisha.charles@tufts.edu
- Lexi Cole – Program Manager – lexi.cole@tufts.edu

Wednesday, October 28

Location: The Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy

Address: 150 Harrison Ave, Boston, MA 02111

Transportation Options from Boston Logan Airport

Ride Share (Uber/Lyft)

- Estimated Time: 15 – 30 minutes
- Estimated Cost: \$20 - \$40
- Pickup Location:
 - For **Terminals A/C/E** arrivals, follow signs to Central Parking/Ride App Pickups.
 - For **Terminal B** arrivals, head upstairs to the departures level. Follow signs to the Terminal B Garage/Ride App Pickups to reach the ride share pickup location.
 - [Viewable map](#) of Boston Logan Ride Share Pickup Locations
- Drop-off Address: **150 Harrison Ave, Boston, MA 02111**

Public Transit

- Estimated Time: 30 – 45 minutes
- Estimated Cost: Free - \$4.80
- Option A: Train/Subway
 - Take the Massport Shuttle bus from the Airport to the Airport Station MBTA.
 - Take the Blue line with service to Bowdoin and get off at State.
 - Transfer to Orange line with service to Forest Hill and get off at Tufts Medical Center.
 - Walk to the Friedman School or Courtyard Downtown Boston Hotel.
- Option B: Bus
 - Take the Silver Line (SL) 1 with service to South Station and get off at South Station



- Walk to the Friedman School or Courtyard Downtown Boston Hotel.

Driving (Rental Car/Personal Vehicle)

- Distance: 4.1 – 4.5 miles
 - Estimated Time: 20 – 40 minutes
 - Enter into GPS: **274 Tremont St, Boston, MA 02116**
 - Parking: Visitors may use [the Tufts Medical Center Parking Garage](#). This facility is not owned or managed by Tufts University. Standard rates and policies apply.
-

Thursday, October 29

Location: Courtyard by Marriott Boston Downtown

Address: 275 Tremont St, Boston, MA 02116

Transportation Options to Courtyard Downtown Boston by Marriott

Ride Share (Uber/Lyft)

- **Address:** Courtyard Downtown Boston by Marriott, 275 Tremont St, Boston, MA 02116

Public Transit

- **Nearest Train/Subway Station:**
 - Green Line: Boylston
 - Orange Line: Tufts Medical Center

Driving (Rental Car/Personal Vehicle)

- Enter into GPS: 275 Tremont St, Boston, MA 02116
- Parking: Courtyard by Marriott Boston Downtown Valet - \$75

Transportation Options to Boston Logan Airport

Ride Share (Uber/Lyft)

- Estimated Time: 10 – 20 minutes
- Estimated Cost: \$15 - \$30
- Pickup Location: 275 Tremont St, Boston, MA 02116
- Drop-off Address: 1 Harborside Dr, Boston, MA 02128

Public Transit



- Estimated Time: 30 – 45 minutes
- Estimated Cost: \$2.40
- Option A: Train/Subway
 - Take the Orange Line with service to Oak Grove and get off at State
 - Transfer to the Blue line with service to Wonderland and get off at Airport
 - Take the Massport Shuttle bus from Airport Station MBTA to Terminal A/B/C/E
- Option B: Bus
 - Take the Silver Line (SL) 1 with service to Logan Airport and get off at Terminal A .

Driving (Rental Car/Personal Vehicle)

- Distance: 3.6 – 4.0 miles
- Estimated Time: 10 - 20 minutes